After launching the Outlook Mobile client for the first time, the program prompts for the email address and takes the user to the login prompt:

After entering credentials and clicking/tapping the Sign In button, MFA is prompted. *Besides authentication frequency, this step is the only new user experience step in the process.*

Once the factor is verified, the user is taken to the Outlook Inbox for normal email operations. This will not prompt again for 7 days from the time of authentication.